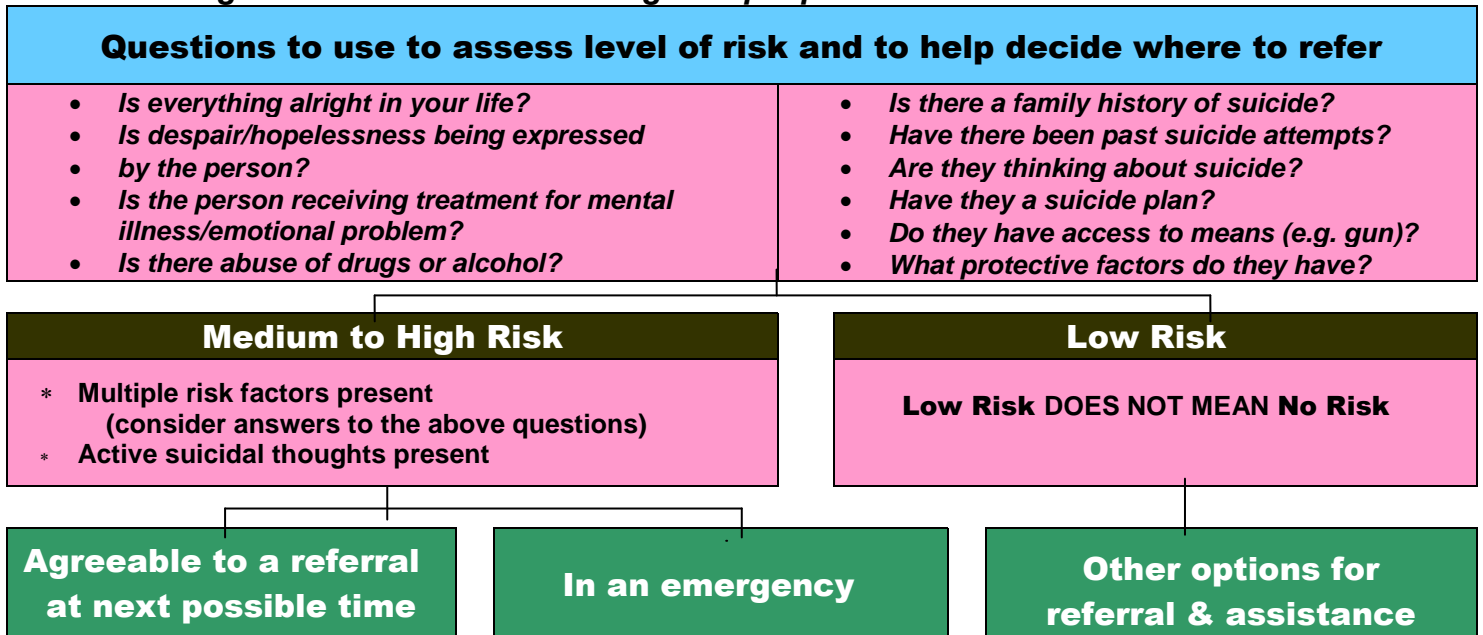


# The Northern Peninsula Area Community Flow Chart

*A guide for individuals working with people at risk of self harm and suicide*



**REFER TO –**

**Bamaga Primary Health**

**Care Clinic.....4069 3200**

**Bamaga Hospital....4069 3166**

**Acute Care Team (ACT)**

*Weekdays, Saturdays,  
Sundays and Public Holidays*  
8.00am – 10pm  
Cairns.....**4226 3100**

*Outside of the above times,  
phone Cairns Base Hospital  
on **4226 0000** and ask for  
Acute Care Team*

*Other times as per ACT*

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**People rarely suicide in  
company – organise  
support and services**

**Policelink.....131 444**

**Bamaga Police.....4090 4500**

**Bamaga Hospital  
(emergency only)...4069 3166**

**Emergency (Police/  
Ambulance/ Fire).....000**

**Mobile phones with  
no coverage.....112**

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**When making a referral, the  
following should be said:  
“Hello, I’m ..... from .....  
I have a person with me who  
is at  
HIGH RISK OF SUICIDE”.**

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**Flowchart developed by -  
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Enquiries 07 4053 6757**

**Adapted from the  
FNQ Suicide Prevention  
Taskforce  
Cairns Community Flowchart**

Dads in Distress.....1300 853 437  
DV Connect Mensline.....1800 600 636  
Elder Abuse Helpline  
(9 am to 5 pm M-F).....1300 651 192  
headspace(Cairns).....4041 3780  
Mental Health Carers Supportline Qld  
(Landline Only).....1800 351 881  
Parent Line  
(8am–10pm 7days).....1300 301 300  
Pregnancy Counselling Link.....1800 777 690  
Mens Shed Bamaga.....0417 200 172  
NPA Community Mental Health.....4069 3166  
NPA Family & Community Services 4212 2000  
NPA Healing Centre .....4212.2300  
Qld Aids Council .....1800 177 434  
Relationships Australia.....1300 364 277  
Sexual Assault Helpline.....1800 010 120  
Bamaga Hospital.....4069 3166  
Bamaga Family Resource Centre...4069 3555  
Bamaga Primary Health Care.....4069 3200  
TI Women’s Shelter .....4069 1366  
TI Mental Health.....4069 0695  
Women’s Shelter .....4212 2200  
YETI.....4051 4927  
YouthLink.....4031 6179

**24 hour referral services:**

**13Health.....1343 2584**  
**Alcohol & Drug Information**  
Service.....1800 177 833  
beyondblue Supportline.....1300 224 636  
Child Safety Services.....1800 177 135  
Family Drug Support 24/7.....1300 368 186  
Kids Helpline.....1800 551 800  
**Life Bereavement**  
Support Service.....0439 722 266  
Lifeline Australia.....131 114  
Mens Line Australia.....1300 789 978  
Poisons Information Centre.....131 126  
Salvo Care Line.....1300 363 622  
**StandBy Bereavement Support**  
Service.....0459 299 147  
Suicide Callback Service.....1300 659 467  
Veterans Counselling Service....1800 011 046  
**Women’s Domestic Violence**  
Helpline.....1800 811 811