



# The Mapoon Community Flow Chart

A guide for individuals working with people at risk of self harm and suicide

## Questions to use to assess level of risk and to help decide where to refer

- Are there recent crises or stresses?
- Is despair/hopelessness being expressed by the person?
- Is the person receiving treatment for mental illness/emotional problem?
- Is there abuse of drugs or alcohol?
- Is there a family history of suicide?
- Have there been past suicide attempts?
- Are they thinking about suicide?
- Have they a suicide plan?
- Do they have access to means (e.g. gun)?

### Medium to High Risk

- Multiple risk factors present (consider answers to the above questions)
- Active suicidal thoughts present

### Low Risk

Low Risk DOES NOT MEAN No Risk

### Agreeable to a referral at next possible time

REFER TO –

**Weipa MH & ATODS – Weipa**  
**4082 3616**  
Weekdays

Outside of the above times, phone **Weipa Hospital** on **4082 3900**

**Royal Flying Doctor Service**  
(24 hours)  
**4040 0500**

People rarely suicide in company – organise support and services.

### In an emergency

**Policelink.....131 444**

**Weipa Police.....4090 6000**

**Emergency (Police/**

**Ambulance/Fire).....000**

**Mobile phones with no coverage.....112**

**Mapoon Primary Health Care Centre.....4082 9400**

When making a referral, the following should be said:

*“Hello, I’m ..... from ..... I have a person with me who is at HIGH RISK OF SUICIDE”.*

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Adapted from the  
**FNQ Suicide Prevention Taskforce Cairns Community Flowchart**

### Other options for referral and assistance

Apunipima.....	4037 7100
ATODS.....	4226 3900
Cairns Mental Health Servi.....	4226 3100
Dads in Distress.....	1300 853 437
DV Connect Mensline.....	1800 600 636
Elder Abuse Helpline (9-5 Mon-Fri)...	1300 651 192
headspace (Cairns).....	4041 3780
Mental Health Carers Supportline Qld (Landline Only).....	1800 351 881
Parent Line (8am–10pm 7days).....	1300 301 300
Pregnancy Counselling Line.....	1800 777 690
Qld Aids Council.....	1800 177 434
Relationships Australia.....	1300 364 277
Sexual Assault Helpline.....	1800 010 120
Western Cape College.....	4082 9333
Weipa Community Care.....	4069 9272
Weipa Hospital.....	4082 3900
Weipa Probation and Parol.....	4069 8129
Women’s Crisis Shelter.....	4069 9877
YETI.....	4051 4927
YouthLink.....	4031 6179

#### 24 hour referral services:

13Health.....	1343 2584
Alcohol & Drug Information Serv...1800 177 833	
Beyondblue Supportline.....	1300 224 636
Child Safety Service.....	1800 177 135
Family Drug Support 24/7.....	1300 368 186
Gambling Helpline Uniting Care.....	1800 858 858
Kids Helpline.....	1800 551 800
Life Bereavement Support Service.....	0439 722 266
Lifeline Australia.....	131 114
Mens Line Australia.....	1300 789 978
Poisons Information Centre.....	131 126
StandBy Bereavement Support Service.....	0459 299 147
Suicide Callback Service.....	1300 659 467
Veterans Counselling Service.....	1800 011 046
Victims Counselling & Support.....	1800 011 046
Victims Counselling & Support.....	1300 659 467
Women’s Domestic Violence Helpline.....	1800 811 811
Women’s Domestic Violence Counselling.....	1800 737 722