

The Innisfail Community Flow Chart

A guide for individuals working with people at risk of self harm and suicide

Questions to use to assess level of risk and to help decide where to refer

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| <ul style="list-style-type: none"> • Are there recent crises or stresses? • Is despair/hopelessness being expressed by the person? • Is the person receiving treatment for mental illness/emotional problem? • Is there abuse of drugs or alcohol? | <ul style="list-style-type: none"> • Is there a family history of suicide? • Have there been past suicide attempts? • Are they thinking about suicide? • Have they a suicide plan? • Do they have access to means (e.g. gun)? |
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Medium to High Risk

- * Multiple risk factors present (consider answers to the above questions)
- * Active suicidal thoughts present

Low Risk

Low Risk DOES NOT MEAN No Risk

Agreeable to a referral at next possible time

EFER TO –

Cassowary Area Mental Health Service

Weekdays: 8.00am-4.30pm
4016 1327

Outside of the above times, phone Cairns Base Hospital on **4226 0000** and ask for Psych Registrar on call (available up to 10pm week nights and 8pm weekends).

Child and Youth Mental Health (under 18)

Weekdays: 8.00am-4.30pm
4016 1327

Client's private practitioner if applicable

People rarely suicide in company – organise support and services

In emergency

Emergency –
Ambulance/Fire/Police.....**000**
Ambulance –
Non-emergency.....**131 233**
Innisfail Hospital.....**4016 1411**
Policelink.....**131 444**
Innisfail Police.....**4061 5777**
Innisfail Fire.....**4061 0610**
Mobile phones with
no coverage.....**112**

*When making a referral, the following should be said:
"Hello, I'm from
I have a person with me who is at
HIGH RISK OF SUICIDE*

Flowchart developed by –

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*Adapted from the
FNQ Suicide Prevention
Taskforce
Cairns Community Flowchart*

Other options for referral & assistance

Baptist Family Centre.....4061 1631
Cassowary Coast Community Health Centre.....4016 1444
Centacare, Cairns4044 0130
Community Support Centre, Innisfail (9am-4pm).....4043 8400
Dads in Distress.....1300 853 437
Elders Abuse Helpline.....1300 651 192
headspace(Cairns).....4041 3780
Innisfail State College.....4078 0222
Innisfail Youth & Family Care.....4061 2778
Mamu Health Service.....4061 5100
DV Connect Mensline.....1800 600 636
Parent Line (8am-10pm, all days)....1300 301 300
Pregnancy Counselling Link.....1800 777 690
Relationships Australia.....1300 364 277
Queensland Aids Council.....1800 177 434
Sexual Assault.....1800 010 120
YETI.....4051 4927
YouthLink.....4031 6179

24 hour referral services:

13Health.....1343 2584
Alcoholics Anonymous.....1300 222 222
Alcohol & Drug Information Serv.....1800 177 833
ARAFMI Ltd (Mental Health Carers).....1300 554 660
beyondblue Supportline.....1300 224 636
Cairns Crisis Intervention/Service Access/
Referral/Community Mental Health.....1300 642 255
Child Safety Services.....1800 177 135
Christian Channel Careline Team.....1300 302 170
Family Drug Support.....1300 368 186
Gambling Helpline Uniting Care.....1800 858 858
headspace (9:00am-1:00am).....1800 650 890
Kids Helpline.....1800 551 800
Lifeline13 11 14
Mens Line Australia.....1300 789 978
Open Arms Veterans & Families
Counselling.....1800 011 046
Poisons Information Centre.....13 11 26
Salvation Army.....1800 913 917
StandBy Support After Suicide.....0459 299 147
Suicide CallbackService.....1300 659 467
Victims Counselling & Support.....1300 139 703
Women's DV Helpline (DV
Connect).....1800 811 811
Women's Domestic Violence Counselling...1800 737 722