

# The Babinda Community Flow Chart

A guide for individuals working with people at risk of self harm and suicide

## Questions to use to assess level of risk and to help decide where to refer

- Are there recent crises or stresses?
- Is despair/hopelessness being expressed by the person?
- Is the person receiving treatment for mental illness/emotional problem?
- Is there abuse of drugs or alcohol?
- Is there a family history of suicide?
- Have there been past suicide attempts?
- Are they thinking about suicide?
- Have they a suicide plan?
- Do they have access to means (e.g. gun)?

### Medium to High Risk

- \* Multiple risk factors present (consider answers to the above questions)
- \* Active suicidal thoughts present

### Low Risk

**Low Risk DOES NOT MEAN No Risk**

### Agreeable to a referral at next possible time

REFER TO -

#### Community Mental Health Service

Weekdays: 8.00am - 4.30pm

**40161327**

Outside of the above times, present at Emergency at Innisfail Hospital, Rankin St. or phone the Acute Care Team at Cairns Hospital on 4226 3100  
**Adult, Child and Youth Mental Health (under 18)**

Weekdays: 8.00am - 4.30pm

**40161327**

After hours as above.

Client's private practitioner if applicable

**PEOPLE RARELY SUICIDE IN COMPANY – ORGANISE SUPPORT AND SERVICES**

### In an emergency

Emergency –

Ambulance/Fire/Police....000

Ambulance –

Non-emergency.....131 233

Hospital –

Babinda.....4067 8200

Innisfail..... 4061 5411

Policelink..... 13 14 44

Police –

Babinda.....4067 1120

Innisfail.....4061 5777

Fire Station –

Babinda contact Innisfail

(unmanned)

Innisfail..... 4061 0610

Mobile phones with

no coverage.....112

*When making a referral, the following should be said:*

*“Hello, I’m ..... from*

*.....*

*I have a person with me who is at HIGH RISK OF SUICIDE*

*Flowchart developed by -*

**Dr Edward Koch Foundation**

**Enquiries 07 4053 6757**

*Adapted from the FNQ Suicide Prevention Taskforce Cairns Community Flowchart*

### Other options for referral & assistance

ATODS Cairns.....	4226 3900
Cairns Integrated Adult MH Service.....	4226 3100
Centacare, Cairns.....	4044 0130
Community Support Centre Innisfail (9am-4pm)....	4043 8400
Dads in Distress.....	1300 853 437
DV Connect Mensline.....	1800 600 636
Elder Abuse Helpline.....	1300 651 192
headspace (Cairns).....	4041 3780
Mamu Health Service, Babinda.....	4067 1366
Mental Health Carers Supportline Qld (landlines only).....	1800 351 881
Ozcare Community Care, Cairns.....	1800 692 273
Parentline (8am-midnight, 7 days).....	1300 301 300
Pregnancy Counselling Link.....	1800 777 690
Qld Aids Council.....	1800 177 434
Qlife Helpline (2pm-midnight M-F).....	1800 184 527
Relationships Australia.....	1300 364 277
School Guidance Officers.....	contact school
Sexual Assault Helpline (7.30am-11.30pm, 7 days)...	800 010 120
Uniting Care National Debt Helpline (9.30am-4.30pm M-F).....	1800 007 007
Wuchopperen Health Service Cairns.....	40801000
YETI.....	4051 4927
YouthLink.....	4031 6179

#### 24 hour referral services:

13Health.....	1343 2584
Alcoholics Anonymous.....	1300 222 222
Alcohol & Drug Information Serv.....	1800 177 833
beyondblue Supportline.....	1300 224 636
Cairns Integrated Adult Mental Health Service.....	1300 642 255
Child Safety Services.....	1800 177 135
Family Drug Support.....	1300 368 186
Gambling Helpline Uniting Care.....	1800 858 858
Headspace (9:00am-1:00am).....	1800 650 890
Innisfail Youth & Family Care.....	4061 2778
Kids Helpline.....	1800 551 800
Life Bereavement Support Serv.....	0439 722 266
Lifeline Australia.....	131 114
Mens Line Australia.....	1300 789 978
Poisons Information Centre.....	13 11 26
StandBy Support After Suicide.....	0459 299 147
Suicide Callback Service.....	1300 659 467
Veterans Counselling Service.....	1800 011 046
Victims Counselling & Support.....	1300 139 703
Women's Domestic Violence Helpline.....	1800 811 811
Women's Domestic Violence Counselling.....	1800 737 722